












PPMD'S 2026 ANNUAL CONFERENCE

June 24-27, 2026 | Orlando, Florida










WEDNESDAY, JUNE 24

- 3:00 PM - 5:00 PM **Newly Diagnosed Meeting**
(private session)
- 5:00 PM - 6:00 PM **Newly Diagnosed Reception**
(private session)
- 6:30 PM - 9:30 PM **Teen/Adult Social hosted by PPMD's PAAC**
(open to all attendees 13+) 






THURSDAY, JUNE 25

- 9:45 AM - 10:30 AM **Dads and Grandads Meet Up** 
- Meet Your Mentor** 
Newly Diagnosed families are encouraged to spend time with their mentor family.
- Becker Brunch** 
Gather to meet others in the Becker space and learn about Becker specific initiatives
- 10:00 AM - 10:30 AM **Gaming and Social Connection** 
- 10:45 AM - 11:30 AM **Moms and Grandmas Meet Up** 
- Understanding Genetics in Duchenne** 
A Discussion and Open Q&A Session
- Life with Becker: A Lived Experience Panel** 
- 11:30 AM - 1:00 PM **From Our Experts to Our Community: PPMD Care Meeting Highlights** 
- 11:30 AM - 12:00 PM **Global DMD Group** 
- 12:30 PM - 1:00 PM **Kids Track Registration** 
- 1:15 PM - 2:00 PM **Main Stage: Welcome to the 2026 Annual Conference**

THURSDAY, JUNE 25 (CONTINUED)

- 2:00 PM - 3:00 PM **Beyond the Diagnosis: The Family Ripple Effect** 
- Q&A
- 2:30 PM - 4:00 PM **Developing Meaningful Relationships** 
- 3:00 PM - 3:30PM **Break**
- 3:15 PM - 4:30 PM **Siblings Track Meet Up** 
- 3:30 PM- 5:30 PM **Kids Track** 
- 3:30 PM- 4:30 PM **Breakout Sessions:**
 - Restoring the Reading Frame** 
 - Managing Inflammation** 
- 4:30 PM - 5:30 PM **Breakout Sessions:**
 - Restoring the Reading Frame** 
All exon skippers, Part B
 - Navigating School Support Systems: Understanding and Leveraging Your Academic Team** 
 - DIY Accessibility (PAAC Hacks)** 
- 5:30 PM - 7:30 PM **Welcome Reception and Resource Fair**

FRIDAY, JUNE 26

- 7:45 AM- 9:15 AM **Breakfast**
- 8:00 AM- 8:45 AM **Breakfast Sessions:**
 - Lighthouse Meet Up** 
 - Spanish Speaking Families** 
 - Access** 
- 9:00 AM - 9:45 AM **Keynote Address**
- 9:00 AM - 11:00 AM **Kids Track** 
- 9:45 AM - 11:00 AM **Siblings Track Meet Up** 

PPMD'S 2026 ANNUAL CONFERENCE

June 24-27, 2026 | Orlando, Florida



FRIDAY, JUNE 26 (CONTINUED)

9:45 AM - 10:30 AM	The Heart of the Matter: A Cardiac Care Panel	
10:30 AM - 11:00 AM	Cardiac Research Therapies <i>Investigational & Repurposed Progress</i>	
11:00 AM - 11:15 AM	Break	
11:15 AM - 12:30 PM	Breakout Sessions: Essential Elements of Care: Insights from Specialists	
	Early Care	
	Middle Childhood	
	Teen/Adult	
11:00 AM - 12:30 PM	Travel 101	
11:15 AM - 12:30 PM	Kids Track	
12:30 PM - 1:30 PM	Lunch	
	Siblings Lunch	
1:30 PM - 3:30 PM	Kids Track	
1:30 PM - 2:30 PM	Main Stage: Gene Therapy: Today & Tomorrow	
2:30 PM - 3:00 PM	Gene Therapy Q&A	
1:15 PM - 2:15 PM	Breakout Session: Remembrance of Those We've Lost	
	Mental Health and Wellbeing	
2:15 PM - 2:30 PM	PAAC Member Talk	
3:30 PM - 4:15 PM	Breakout Sessions: Beyond Dystrophin Restoration: Approved and Investigational Products	
	Support at Every Stage: What Palliative Care Really Means	
	Understanding Services: What are Medicaid, SSI and other Services Useful in our Community	
4:30 PM - 5:30 PM	Newly Diagnosed Check In	

SATURDAY, JUNE 27


7:45 AM- 9:15 AM	Breakfast	
8:00 AM- 8:45 AM	Breakfast Sessions: Family Assistance with Team Joseph	
	The Evolving Commercial Landscape	
	Carrier Connections	
9:00 AM - 10:00 AM	Understanding the Brain and Behavior Across Life's Stages	
9:00 AM - 11:00 AM	Kids Track	
10:00 AM - 11:00 AM	Main Stage: Reserach: Looking Ahead at Gene Therapy (Part 2)	
	Breakout Sessions: Real Life Behavior <i>Open Q&A/discussion on managing behaviors in daily life</i>	
	Difficult Conversations about Future Plans	
11:00 AM - 11:15 AM	Break	
11:15 AM - 11:30 AM	PAAC Member Talk	
11:15 AM - 12:15 PM	Breakout Sessions: Skipping Rare Exons in the Era of Precision Medicine	
	Practical Tips For Thriving at School: Friendships, Behavior and The Learning Environment	
	Finding Your Path After High School	


PPMD'S 2026 ANNUAL CONFERENCE


June 24-27, 2026 | Orlando, Florida

SATURDAY, JUNE 27 (CONTINUED)

12:30 PM - 1:30 PM


Lunch 'n Learn Sessions:
Emergency Care for Cardiac, Pulmonary and Neuromuscular Emergencies 


Cooking for Health: Simple Recipes, Real-Life Nutrition 

Balancing Caregiving and Romantic Relationships 
When your caregiver is your spouse or significant other

1:45 PM - 2:45 PM

Breakout Sessions:
What's New in Carrier Care and Research 

Ask a PT/OT 
An informative session to answer your physical and occupational therapy questions.


Cardiac Advanced Therapies 

- Advanced Medications
- What to expect if you're admitted
- The Heart-Lung Connection
- Adult Cardiac Decision Making

2:30 PM - 3:30 PM

Jobs and Working 


2:45 PM - 4:30 PM


Kids Track 

2:45 PM - 3:00 PM


Break

3:00 PM - 3:40 PM

Mainstage Session:
Moving Advocacy Forward: Duchenne and Becker in Today's World 

Breakout Session:
Family Assistance with Team Joseph 

3:40 PM - 4:20 PM

Main Stage:
Exercise Throughout the Lifespan 

- Exercise & activity while in a clinical trial, barriers or fears as a parent
- Exercise/PT from a carrier standpoint, navigating working with providers
- How exercise and activity changed over time, aqua therapy

SATURDAY, JUNE 27 (CONTINUED)

4:20 PM - 5:00 PM

Late Breaking News

5:00 PM - 5:15 PM

Closing Remarks







5:15 PM - 5:45 PM

Group Photo on the Lawn

7:00 PM - 10:00 PM

The Lion King Event at Animal Kingdom

Key

-  = Kids Track
-  = Teen/Adult Sessions
-  = Care Sessions
-  = Research Sessions
-  = Community Sessions (Carriers, Siblings, Dads, Grandparents, etc.)
-  = Advocacy Sessions