



Dystrophinopathy is the name for a group of genetic conditions caused by changes in the DMD gene. This includes Duchenne & Becker muscular dystrophy as well as dystrophinopathy carriers. These conditions can look different from person to person, with some being milder and others more severe. Over time, it causes muscles to become weaker and can affect many parts of the body. This includes the muscles used for movement, the heart, lungs, and the brain.

Many supportive care strategies, both at home and school, can help improve outcomes and enhance quality of life.

As a reminder, it's very important to keep medical information on file in case of an emergency.

## EMERGENCY

### STUDENT INFORMATION

Name: ☐ M ☐ F D.O.B. \_\_\_\_\_

Address: \_\_\_\_\_

#### Personal:

Name: \_\_\_\_\_

Relation: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

#### Medical:

Neuromuscular Specialist/Hospital: \_\_\_\_\_

Phone: \_\_\_\_\_

After Hours Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Relation: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_

Phone: \_\_\_\_\_

After Hours Phone: \_\_\_\_\_

## C

### CONTACTS

## A

### ALLERGIES AND PRECAUTIONS

#### Allergies:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### DO NOT GIVE THESE MEDICATIONS

- Succinylcholine
- Inhaled anesthetics
- Oxygen should only be administered with close CO2 monitoring or pressure support
- Other: \_\_\_\_\_

## R

### REVIEW MEDICATIONS AND MEDICAL CONDITIONS

#### Medications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

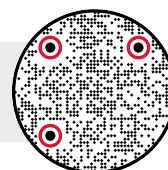
#### MEDICAL CONDITIONS:

- |  |  |
|--|--|
| <input type="checkbox"/> Dystrophinopathy      | <input type="checkbox"/> Hearing Impaired        |
| <input type="checkbox"/> Duchenne              | <input type="checkbox"/> High Blood Pressure     |
| <input type="checkbox"/> Becker                | <input type="checkbox"/> Kidney Disease          |
| <input type="checkbox"/> Carrier               | <input type="checkbox"/> Malignant Hypothermia   |
| <input type="checkbox"/> Adrenal Insufficiency | <input type="checkbox"/> Obstructive Sleep Apnea |
| <input type="checkbox"/> Asthma                | <input type="checkbox"/> Pacemaker/ICD           |
| <input type="checkbox"/> Autism                | <input type="checkbox"/> Seizure Disorder        |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Visually Impaired       |
| <input type="checkbox"/> Cardiomyopathy        | <input type="checkbox"/> Other: _____            |
| <input type="checkbox"/> Cognitive Delay       |  |

## E

### EMERGENCY CARE INFORMATION

Scan the QR code or visit  
[parentprojectmd.org/emergencycare](http://parentprojectmd.org/emergencycare)



**Parent Project**  
**Muscular Dystrophy**  
JOIN THE FIGHT.  
END DUCHENNE.