When booking a hotel online, request an ADA room but then CALL the hotel directly to confirm.

When calling you must be specific to the type of accessibility. Many hotels have hearing and mobility accessible rooms. The accessible rooms can be a tub or a roll-in. It is imperative to be very specific.

Asking staff to actually go to the room can be helpful. Explain that you have had issues previously with rooms that did not accommodate your needs.

Once you have identified a room that will be suitable, ask staff to “block” you into that room.

Keep a list of which hotel and room number meets your needs so you can request that for future repeat visits to places you return to, such as clinic visits, conferences, etc.

Bathroom should have a roll-in shower. If you are still able to pivot transfer, a tub may also work for you if the tub has a built-in seat.

Ask if the shower chair/bench is attached to a wall, adjustable height? If not, ask about what they provide. There are portable/packable chairs you may want to bring.

Bathroom should have a 5-foot turning radius for power chairs.

Bathroom sink should have cut-out for wheelchair access.

Ask bed height and if box spring is removable if needed.

Is there access under the bed for portable hoover lift?

Be prepared for an emergency to transport without your chair. A perfect lift can be used with 2 people to move you safely.

Ask for extra pillows so that you can prop up head and feet using pillows under the mattress.

Bring an extension cord for devices like bipap in case the socket is too far.

You may want to consider bringing a portable squatty potty that folds up into a bag for easier toileting and a portable travel bidet.

Equipment Rentals

Call the hotel you are staying at to verify their procedure for equipment rental delivery and pickup.

Find local medical supply stores and look for a website or phone number.

Verify if the medical supply store provides rentals, either by phone or by internet.

Call to identify what equipment that can be rented from the provider (some providers will not rent shower equipment).

Ask the provider if they would be able to rent equipment for a short local hotel stay and what their procedure would be.