Duchenne/Becker muscular dystrophy (Duchenne) is a rare genetic disorder that causes progressive muscle weakness over time. It affects every system in the body including skeletal muscle, heart, lungs, and brain. Duchenne affects primarily boys (about 1 in 5,000 boys). Each year around 20,000 babies worldwide are born with Duchenne. There is no cure for Duchenne, however there are many supportive cares that can be taken to improve outcome and quality of life.