

Get Involved

Gretchen Egner

PPMD's Connect Coordinator & Runner



Shorewood Hot Cider Hustle

- Saturday, October 24, 2020
- The perfect fall race on the scenic Oak Leaf Trail along the Milwaukee River
- 5K and Half Marathon distances available
- Fundraising commitment per entry
- Register at join.parentprojectmd.org/hotciderhustle

PPMD's Connect Wisconsin

- PPMD's Connect is the official family outreach program of Parent Project Muscular Dystrophy.
- Led by volunteer parents and grandparents, PPMD's Connect groups serve as regional points of contact for families and individuals affected by Duchenne and Becker.
- PPMD's Connect groups provide:
 - **Family Mentoring:** To connect families with local resources, help them better navigate the diagnosis of Duchenne or Becker, and provide ways to connect with other families both in-person and online.
 - **Outreach opportunities:** To participate in national awareness and advocacy campaigns.
 - **Fundraising opportunities:** From lemonade stands to silent auctions to endurance events, there's a way for everyone to make a difference and support PPMD's mission.

How to Find Us

- Facebook:
www.facebook.com/groups/PPMDConnectWisconsin/
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