



Pulmonary Care and Duchenne Muscular Dystrophy

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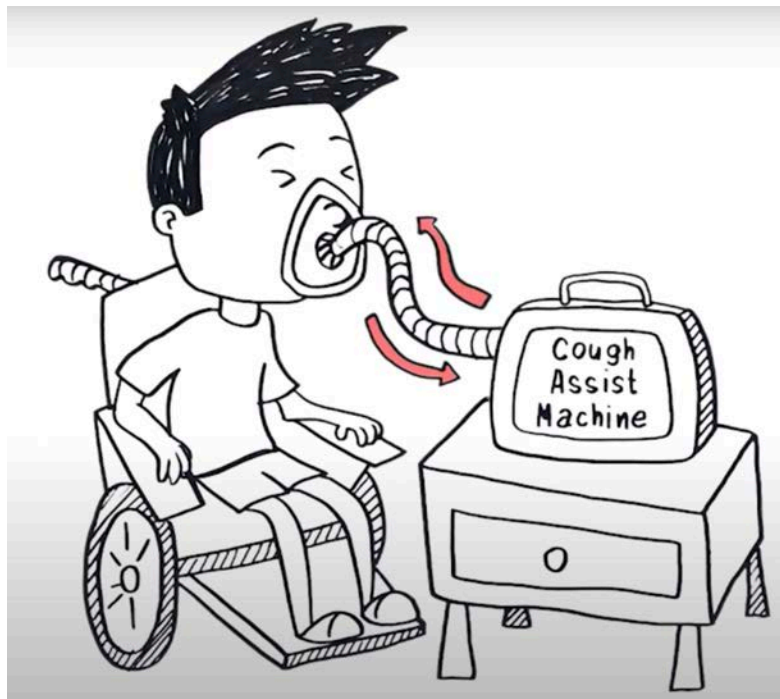
What a Pulmonologist Does

By understanding how DMD can affect breathing over time, a pulmonologist:

- Can prevent breathing problems
 - Monitor with regular visits
 - Measure breathing function with PFTs
 - Prevent infections with immunizations like the flu shot and Pneumovax
- Can address symptoms that show early breathing difficulties
 - Ask about recent illnesses, hospitalizations
 - Sometimes fatigue, headaches, and inattention might be clues about difficulties with nighttime breathing
 - Prescribe short-term and long-term medications
 - Make sure breathing during sleep remains good
- Can provide equipment that helps the muscles of breathing work more effectively
 - Cough assist
 - BiPAP or CPAP via facemask

Pulmonologists Ask:

What do I do?



What CAN I do?

What will these interventions do?

See the PPMD Pulmonary Video Series:

<https://www.parentprojectmd.org/care/for-families/webinar-and-video-library/pulmonary-video-series/>