

PPMD's End Duchenne Tour

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Bone/Endo Clinic

(Established 2016 at CHOA)

- **Bone Health Protocol**

- DEXA screening for bone density
- Spine XRAYs for vertebral compression fracture assessment
- Vitamin D and other bone health markers
- Dietary calcium/vitamin D counseling
- Urine calcium/renal ultrasound and kidney stone risk assessment
- Bisphosphonates (pathological fractures/bone pain)

- **Endocrine Assessment**

- **Puberty**
 - Testosterone
- **Growth**
- **Adrenal Insufficiency**
 - Emergency Hydrocortisone
 - Medic Alert/Medical letter/Teaching