PPMD's End Duchenne Tour

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(Established 2016 at CHOA)

**Bone Health Protocol**
- DEXA screening for bone density
- Spine XRAYs for vertebral compression fracture assessment
- Vitamin D and other bone health markers
- Dietary calcium/vitamin D counseling
- Urine calcium/renal ultrasound and kidney stone risk assessment
- Bisphosphonates (pathological fractures/bone pain)

**Endocrine Assessment**
- Puberty
  - Testosterone
- Growth
- Adrenal Insufficiency
  - Emergency Hydrocortisone
  - Medic Alert/Medical letter/Teaching