

Get Involved

Alpa Khushalani

PPMD's Connect Coordinator & Runner

PPMD's Connect Georgia & South Carolina

- PPMD's Connect is the official family outreach program of Parent Project Muscular Dystrophy.
- Led by volunteer parents and grandparents, PPMD's Connect groups serve as regional points of contact for families and individuals affected by Duchenne and Becker.
- PPMD's Connect groups provide:
 - **Family Mentoring:** To connect families with local resources, help them better navigate the diagnosis of Duchenne or Becker, and provide ways to connect with other families both in-person and online.
 - **Outreach opportunities:** To participate in national awareness and advocacy campaigns.
 - **Fundraising opportunities:** From lemonade stands to silent auctions to endurance events, there's a way for everyone to make a difference and support PPMD's mission.

Meet Your Co-ordinators



Alpa Khushalani , Son Krishna (12)



Jessica Margeaux, Son Markie (8)

Activities

- Moms/Dads Night Out
- Family Gatherings
- Information Sessions
- Fundraising Support





 **RACE TO END
DUCHENNE**
PPMD

Craft Classic Half Marathon & 5K

- Saturday, September 12, 2020
- Falls during Duchenne Action Month, the perfect time to get involved!
- Live music, great food, craft beer in Grant Park after the race
- 5K and Half Marathon distances available
- Fundraising commitment per entry
- Register at join.parentprojectmd.org/craftclassic2020

How to Find Us

- Facebook:
www.facebook.com/groups/PPMDConnectGeorgia/
- Email: vishal.alpa@gmail.com