Get Involved
Alpa Khushalani
PPMD’s Connect Coordinator & Runner
PPMD’s Connect Georgia & South Carolina

- PPMD’s Connect is the official family outreach program of Parent Project Muscular Dystrophy.

- Led by volunteer parents and grandparents, PPMD’s Connect groups serve as regional points of contact for families and individuals affected by Duchenne and Becker.

- PPMD’s Connect groups provide:
  - **Family Mentoring:** To connect families with local resources, help them better navigate the diagnosis of Duchenne or Becker, and provide ways to connect with other families both in-person and online.

  - **Outreach opportunities:** To participate in national awareness and advocacy campaigns.

  - **Fundraising opportunities:** From lemonade stands to silent auctions to endurance events, there’s a way for everyone to make a difference and support PPMD’s mission.
Meet Your Co-ordinators

Alpa Khushalani, Son Krishna (12)

Jessica Margeaux, Son Markie (8)
Activities

• Moms/Dads Night Out
• Family Gatherings
• Information Sessions
• Fundraising Support
Craft Classic Half Marathon & 5K

• Saturday, September 12, 2020
• Falls during Duchenne Action Month, the perfect time to get involved!
• Live music, great food, craft beer in Grant Park after the race
• 5K and Half Marathon distances available
• Fundraising commitment per entry
• Register at join.parentprojectmd.org/craftclassic2020
How to Find Us

• Facebook: www.facebook.com/groups/PPMDConnectGeorgia/

• Email: vishal.alpa@gmail.com