

# Genetics, The Duchenne Registry And Your Family

**Parent** JOIN THE FIGHT.  
END DUCHENNE.  
**Project**  
**Muscular**  
**Dystrophy**

Ann Martin, MS, CGC  
February 2, 2019

# Topics for Today:

1. Importance of genetics in Duchenne and Becker
2. Free genetic testing through Decode Duchenne
3. Connecting to research through The Duchenne Registry
4. Answer your questions!

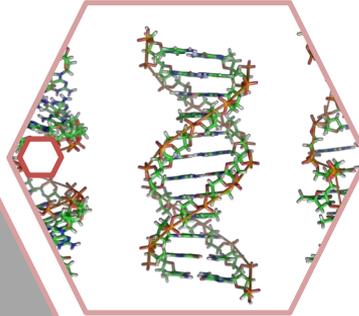


# How genetics shapes the story...

## *And 3 reasons why testing is important*

Genetic testing is the gold standard for diagnosis

Diagnosis



Results help other family members get testing

Family

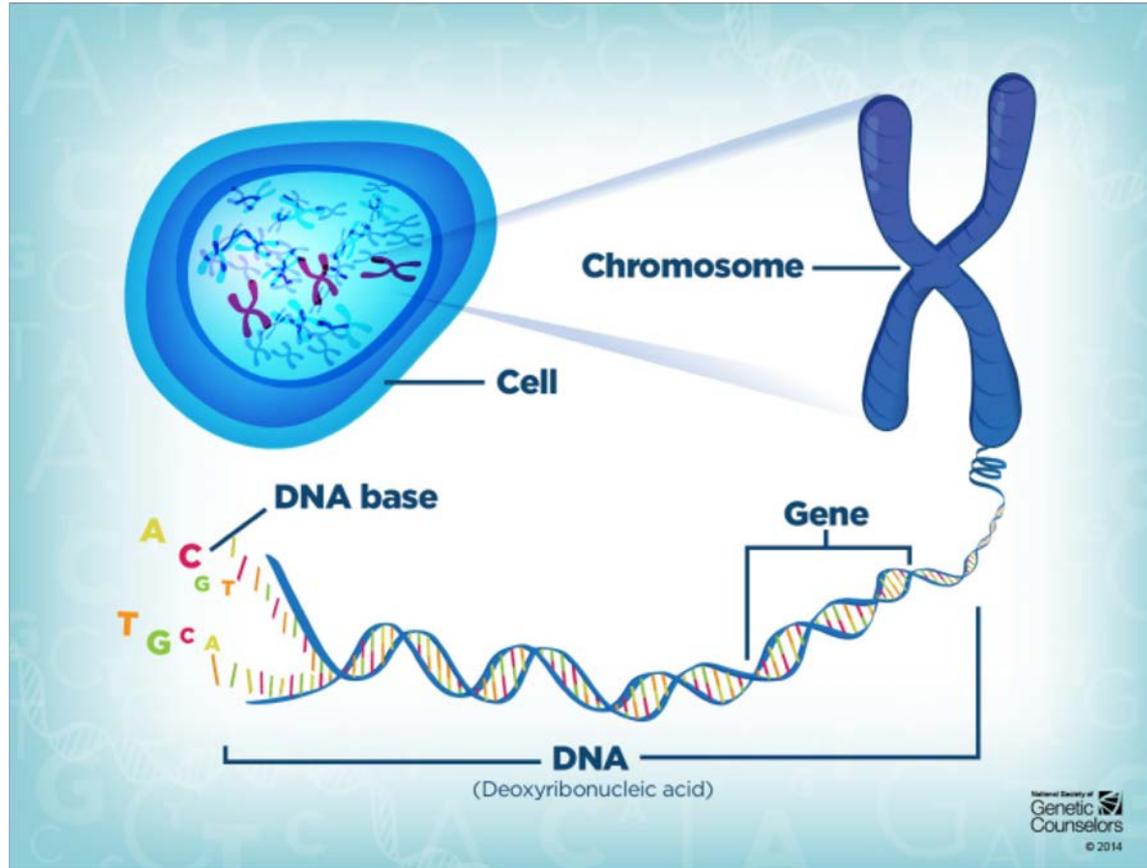


Research

Mutation-specific therapies are in development

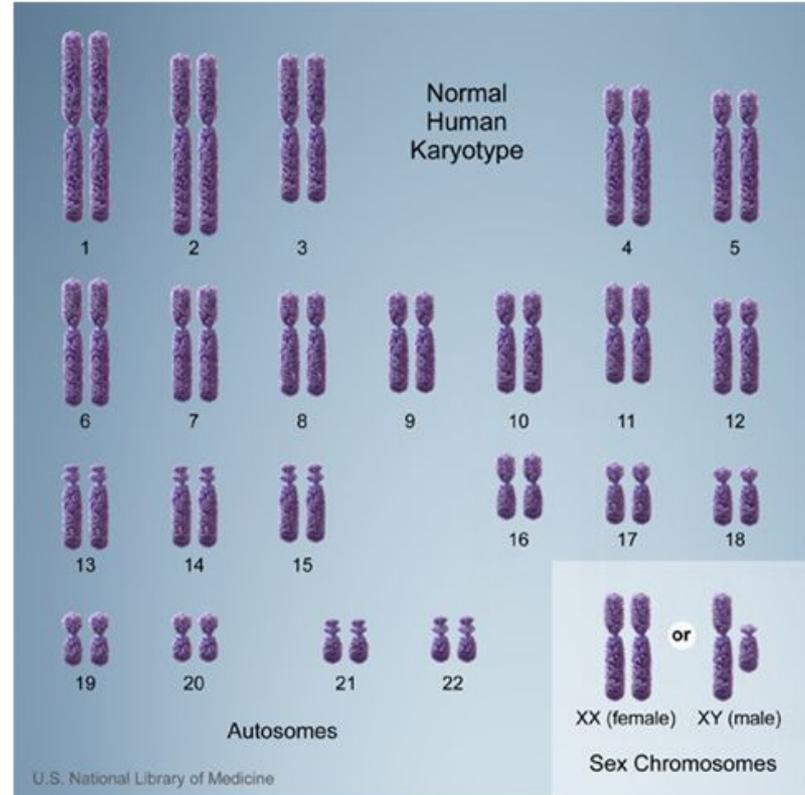


# Genetics Review

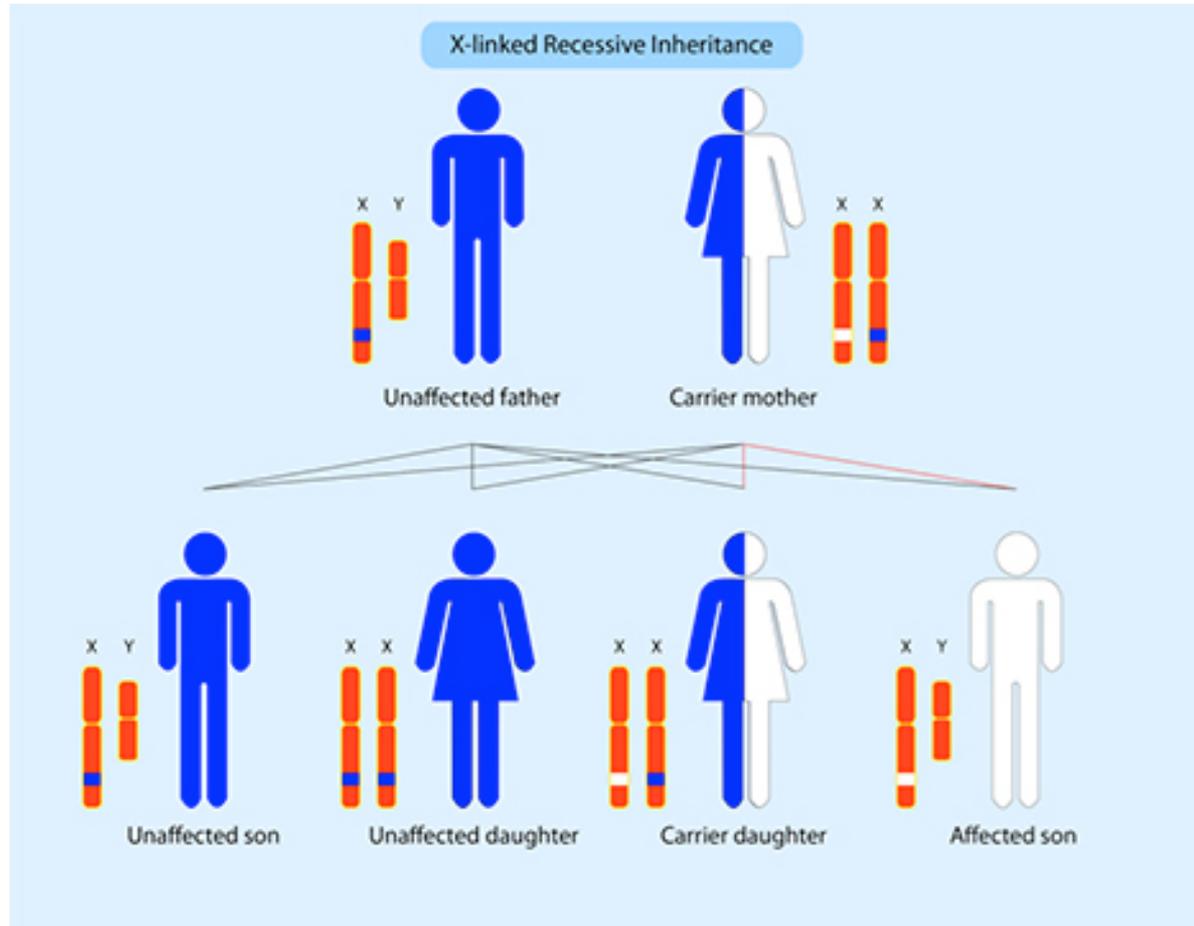


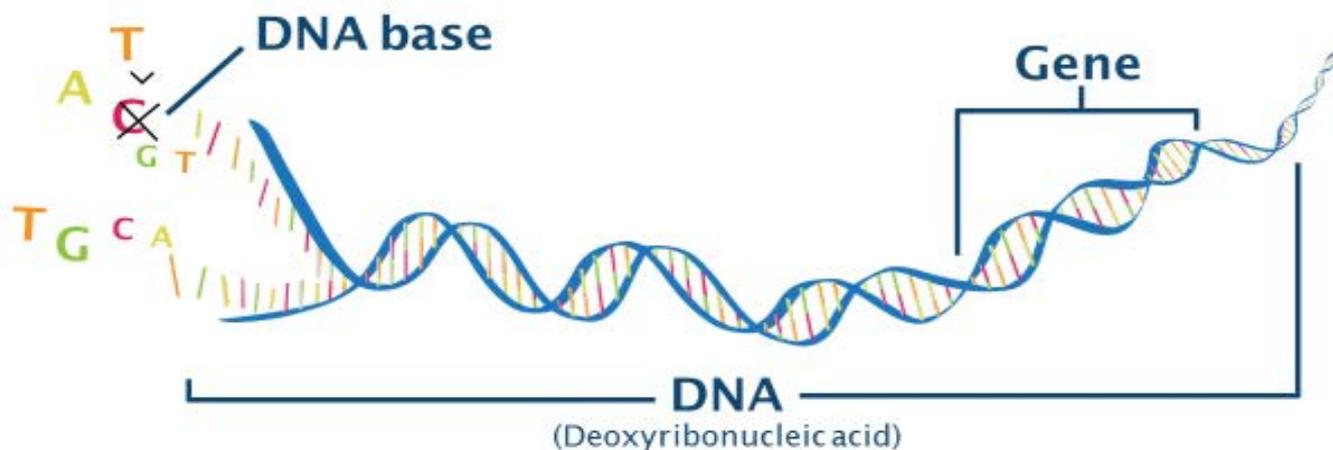
# Normal Human Karyotype

- The chromosomes in a human karyotype are arranged in **homologous pairs**.
- The first **22** pairs of chromosomes are called **autosomes**.
- The **23<sup>rd</sup>** pair of chromosomes are known as the **sex chromosomes**.



# X-linked Recessive Inheritance



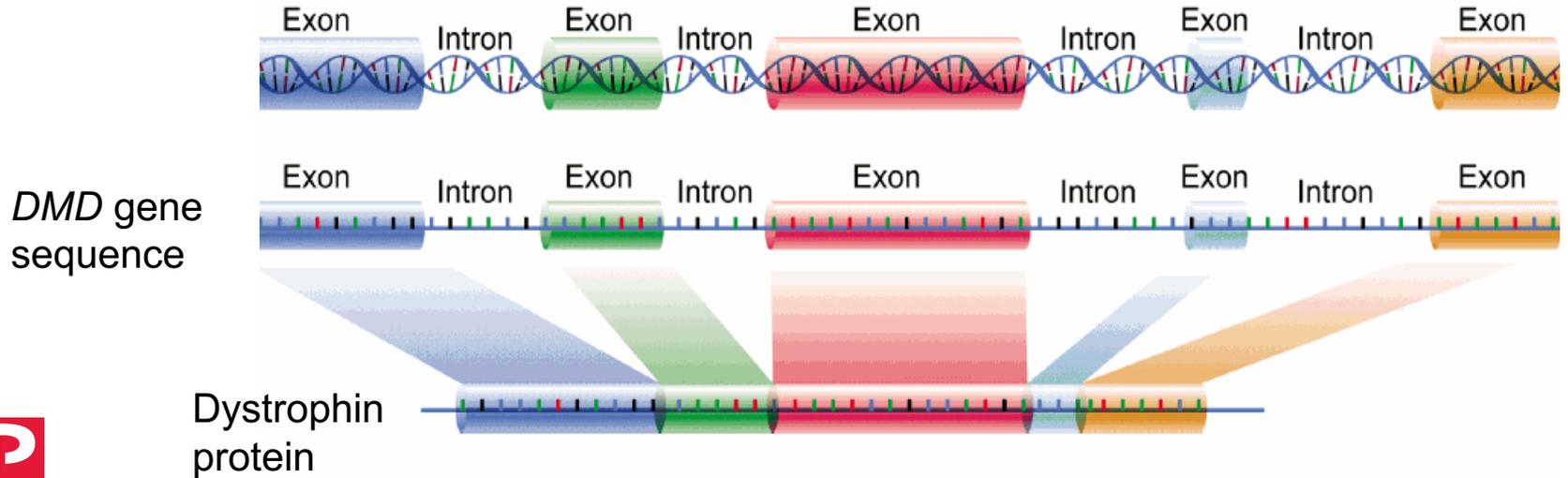


**The gray cat ran down the hall.**  
**The gray cat ran down the ball.**

**Changes in DNA might change the way a gene works.**

# Background: the *DMD* gene

*The DMD gene has 79 exons...  
but what is an exon?*



# Types of Changes in the *DMD* gene

- More than 4000 unique genetic changes
- Fall into categories



Type of Change	% of Duchenne cases	% of Becker cases
Large deletions	60-70%	80-85%
Large duplications	10%	5-10%
Point mutations and other small changes	15-30%	10-15%

# Types of Genetic Mutations

The gray cat ran down the hall. Original

The gray cat ran down the ball. Missense

The gray green cat ran down the hall. Insertion

The gray \_\_\_ ran down the hall. Deletion

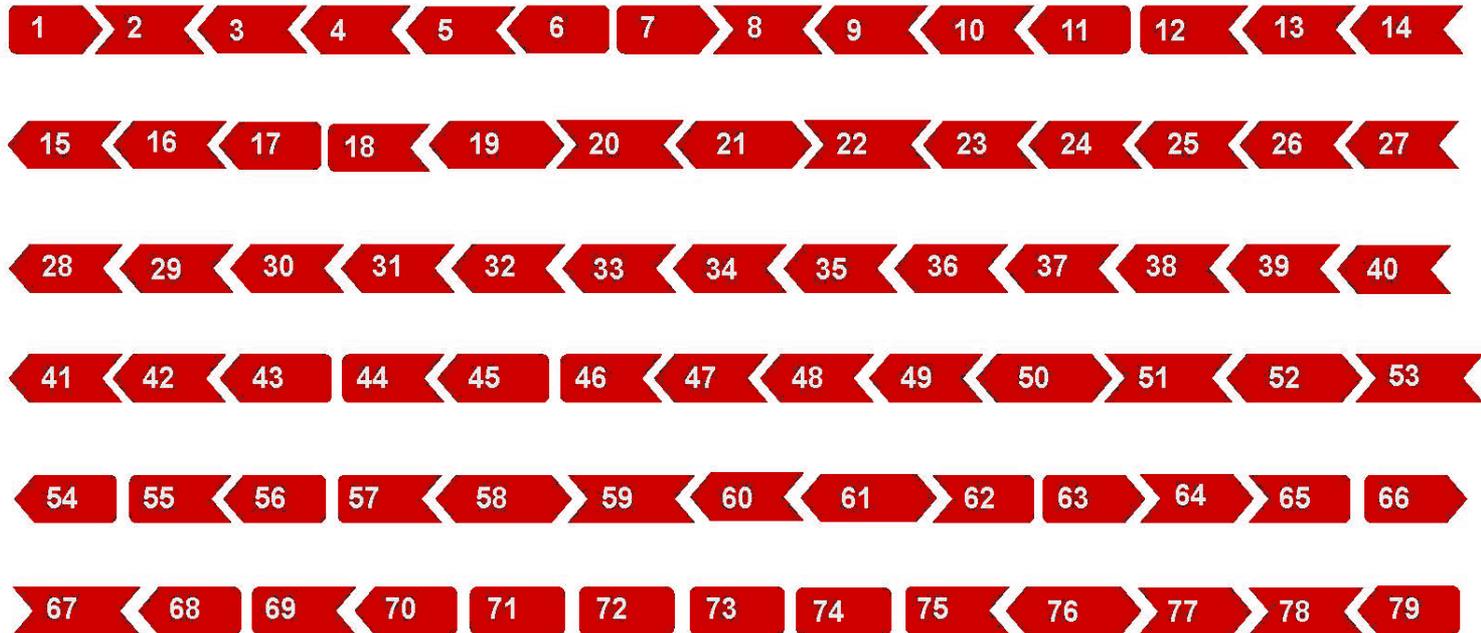
The gray cat cat ran down the hall. Duplication

The gray. Nonsense



# Large deletions and duplications

- One or more exons are missing or repeated



# Out-of-frame vs. In-frame

- Letters in the DNA sequence must stay in groups of three:

AAC ATG CGG TAC

- Example sentence: THE OLD DOG RAN TOO FAR

Out-of-frame deletion:

THE **OLD** DOG RAN TOO FAR

THL DDO GRA NTO OFA R

**Duchenne**

In-frame deletion:

THE OLD **DOG** RAN TOO FAR

THE OLD RAN TOO FAR

**Becker**



# Why is the type of genetic variant so important?

1. Helps to confirm the **diagnosis**
2. Essential for coordinating testing of **family** members
3. Critical for mutation-specific **research and approved therapies**...new strategies target the specific DNA variant

# Mutation-Specific Therapies

- **For Nonsense Mutations:**
  - Nonsense mutation read-through
    - PTC Therapeutics (Translarna®)
- **For Deletions**
  - Exon skipping
    - Sarepta Therapeutics (exon 51: Exondys 51®; exon 45: SRP-4045; exon 53: SRP-4053)
    - NS Pharma (exon 53: NS-065/NCNP-01)
    - Wave Life Sciences (exon 51: WVE-210201)





# DECODE DUCHENNE

Free genetic testing and  
counseling for Duchenne and  
Becker muscular dystrophy

**Parent Project  
Muscular  
Dystrophy** JOIN THE FIGHT.  
END DUCHENNE.



# DECODE DUCHENNE

## Criteria for Free Testing:

- ☑ Male with a confirmed or suspected diagnosis of Duchenne or Becker,  
**OR**  
*Female with a relative with Duchenne or Becker with a known mutation*
- ☑ Never had genetic testing OR previous genetic testing has not confirmed a mutation
- ☑ Any financial barrier
- ☑ Legal resident of US or Canada

## All testing performed at:



PerkinElmer  
Genetics

Over 1,100 participants to date in the  
Decode Duchenne program!



Login: Username

Password

Login

Forgot login?

HOME

ABOUT

REPORTS

JOIN

THE STRENGTH OF  
THE REGISTRY IS YOU

Your data is critical in the fight to end Duchenne

Join

# OUR IMPACT

4336

Total Registrants

113

Countries Represented

60

Trials Recruited

17

Industry Partners

Join

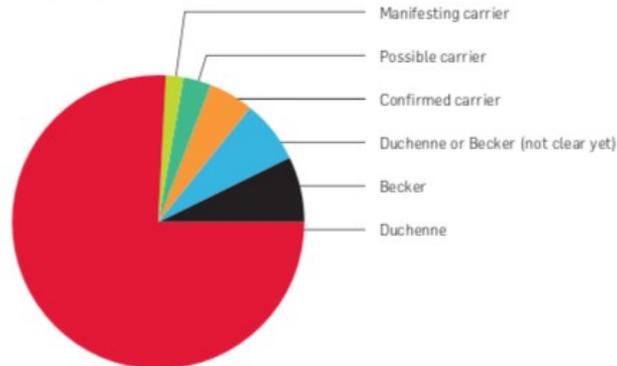


# TEN YEAR REGISTRY REPORT

Parent JOIN THE FIGHT.  
END DUCHENNE.  
Project  
Muscular  
Dystrophy

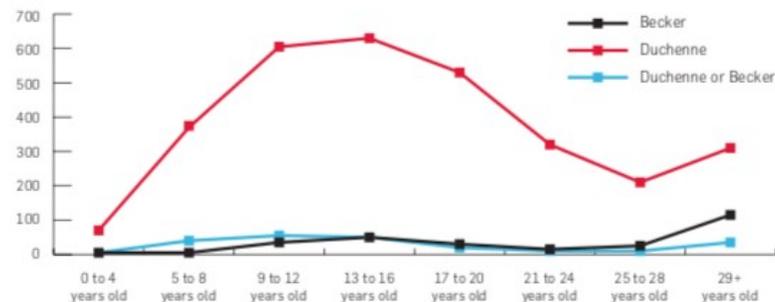
ENDDUCHENNE.ORG   

## Diagnosis



Registry participants were asked about their diagnosis. Most registrants (3054 people, or 76% of registrants) self-reported that they are individuals with Duchenne muscular dystrophy, while 306 (7% of registrants) reported they are individuals with Becker muscular dystrophy. Carriers were also invited to register, with 155 women (5% of registrants) identifying as confirmed carriers without symptoms, 87 women (2%) identifying as manifesting carriers with symptoms, and 103 women (3%) identifying themselves as possible carriers.

## Age By Diagnosis

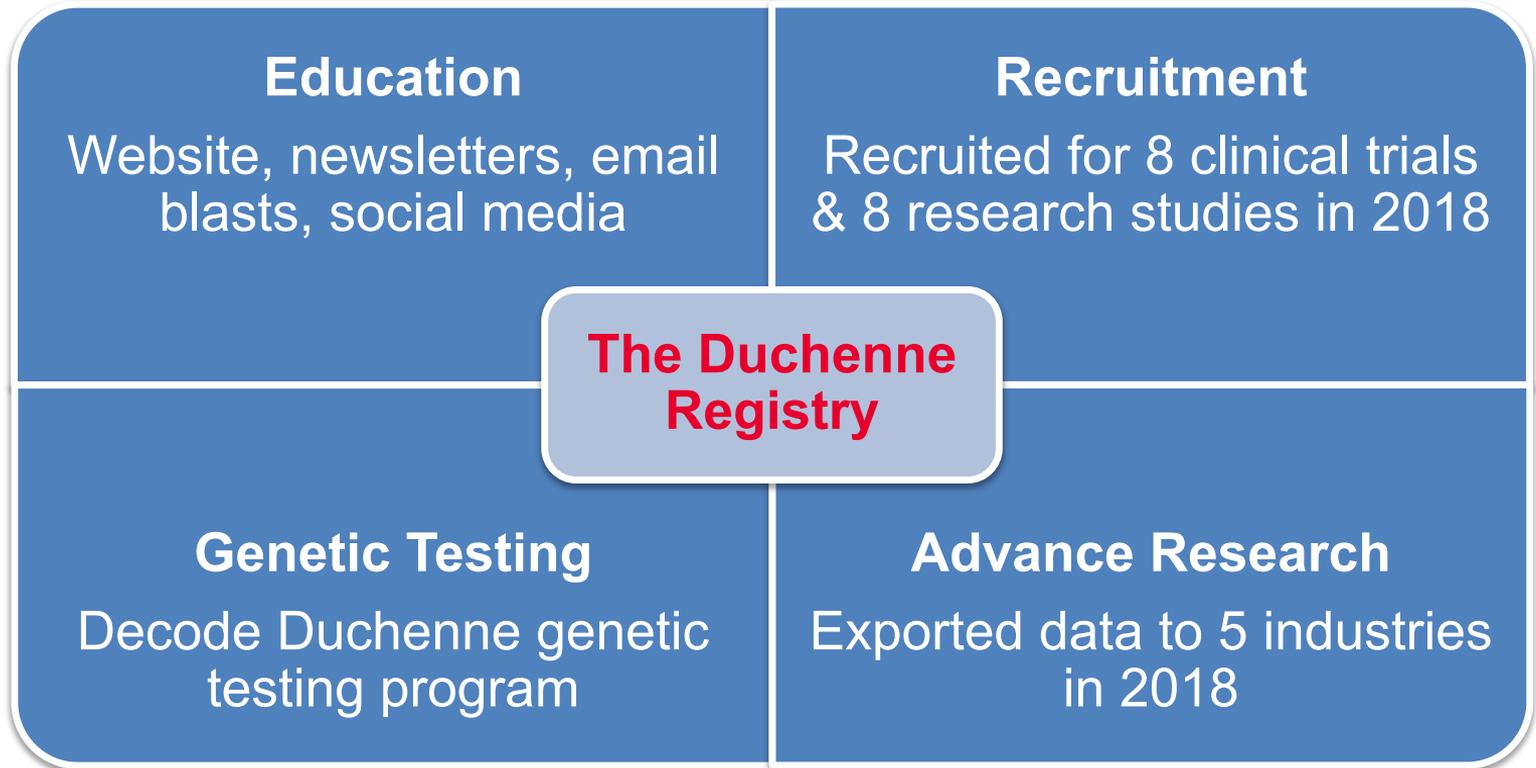


# Goal of Duchenne Registry

- To educate and connect the entire Duchenne and Becker community:
  - Individuals with Duchenne and Becker
  - Families and caregivers
  - Healthcare providers
  - Researchers
  - Industry



# What We Do



Welcome back, Bruce!

Your newest survey, the [Corticosteroid Module](#) is now available. Take it today and view the [Survey Data](#) to see how others have responded.

CHAT STATUS

Offline

## Health Surveys (3 of 12 Complete)

### INCOMPLETE SURVEYS



#### [Bone/Orthopedic Module](#)

A moderate length survey covering spinal X-rays, scoliosis, bone fractures, ...

[START SURVEY >](#)



#### [Behavior & Learning Module](#)

A moderate length survey covering any diagnosed behavior or learning problems ...

[START SURVEY >](#)



#### [Clinical Trials & Registry Participation Module](#)

A moderate length survey about your participation in any research studies, ...

[START SURVEY >](#)



#### [Insurance Module](#)

[START SURVEY >](#)

## Medical Records

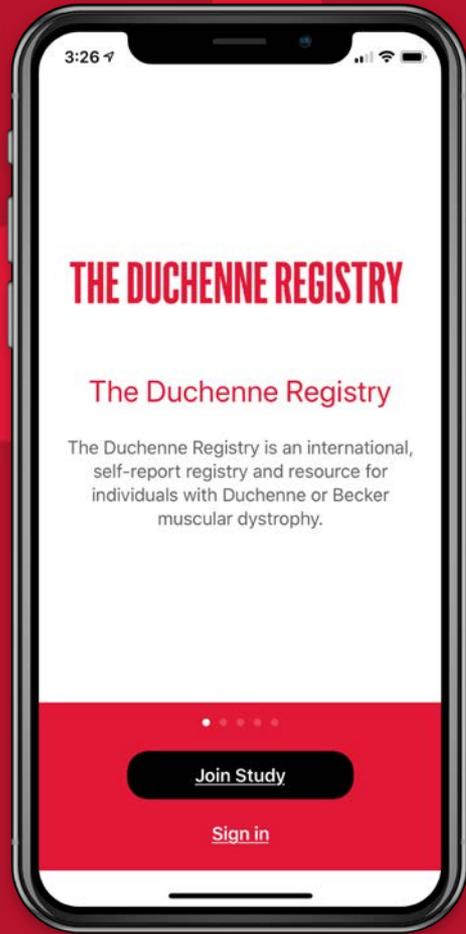
Upload relevant medical records to share more detailed data while protecting your privacy.



[ADD MEDICAL RECORDS](#)

## Medications

# NEW Registry App Launching in 2019!



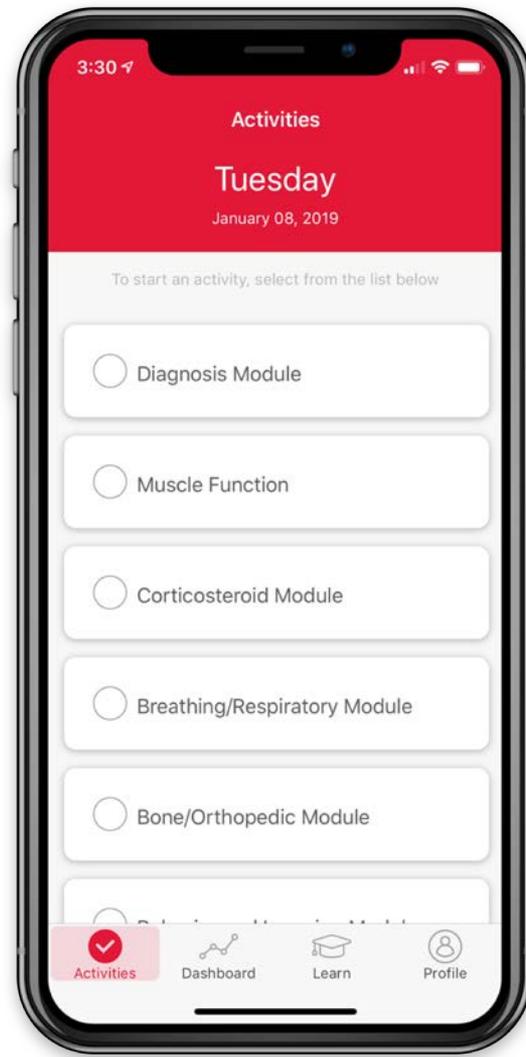
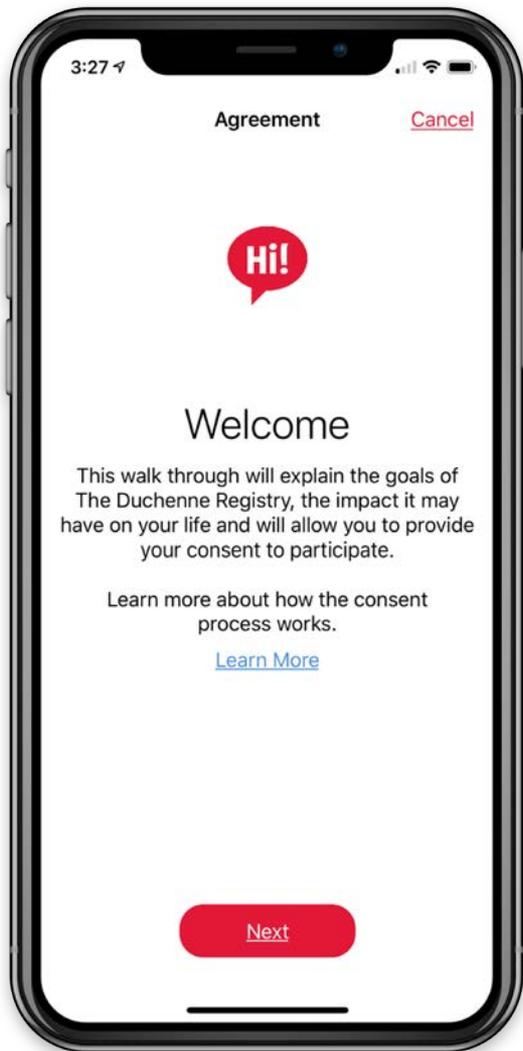
## THE DUCHENNE REGISTRY

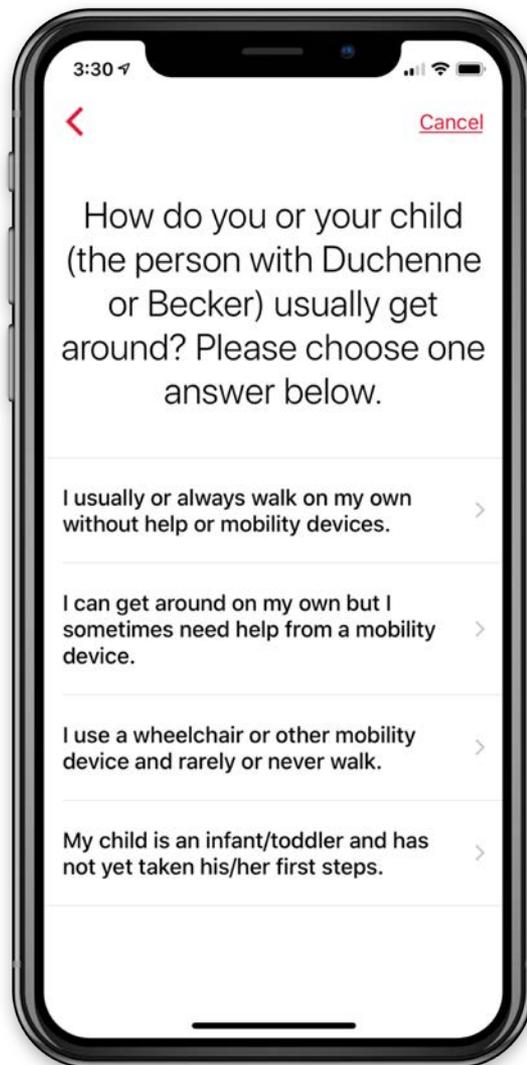
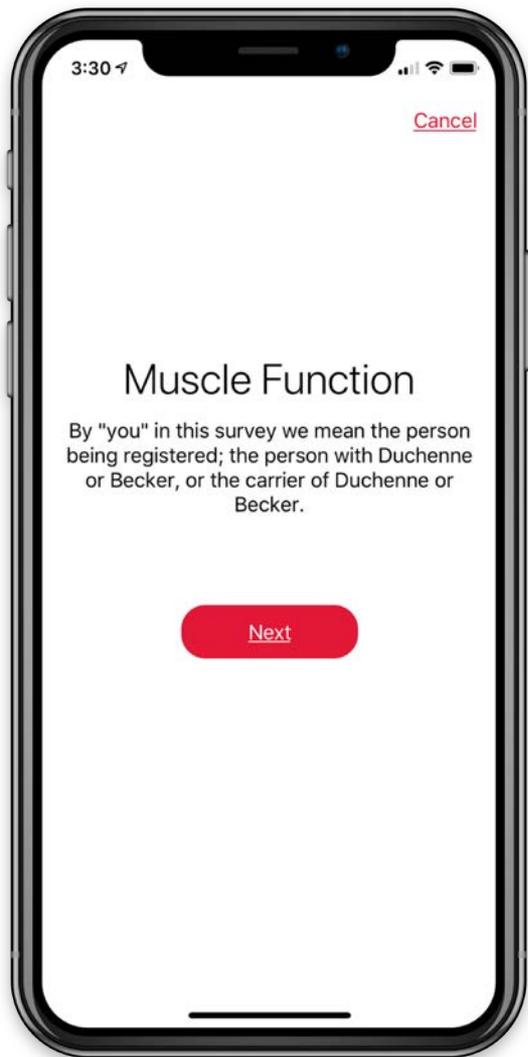
### The Duchenne Registry

The Duchenne Registry is an international, self-report registry and resource for individuals with Duchenne or Becker muscular dystrophy.

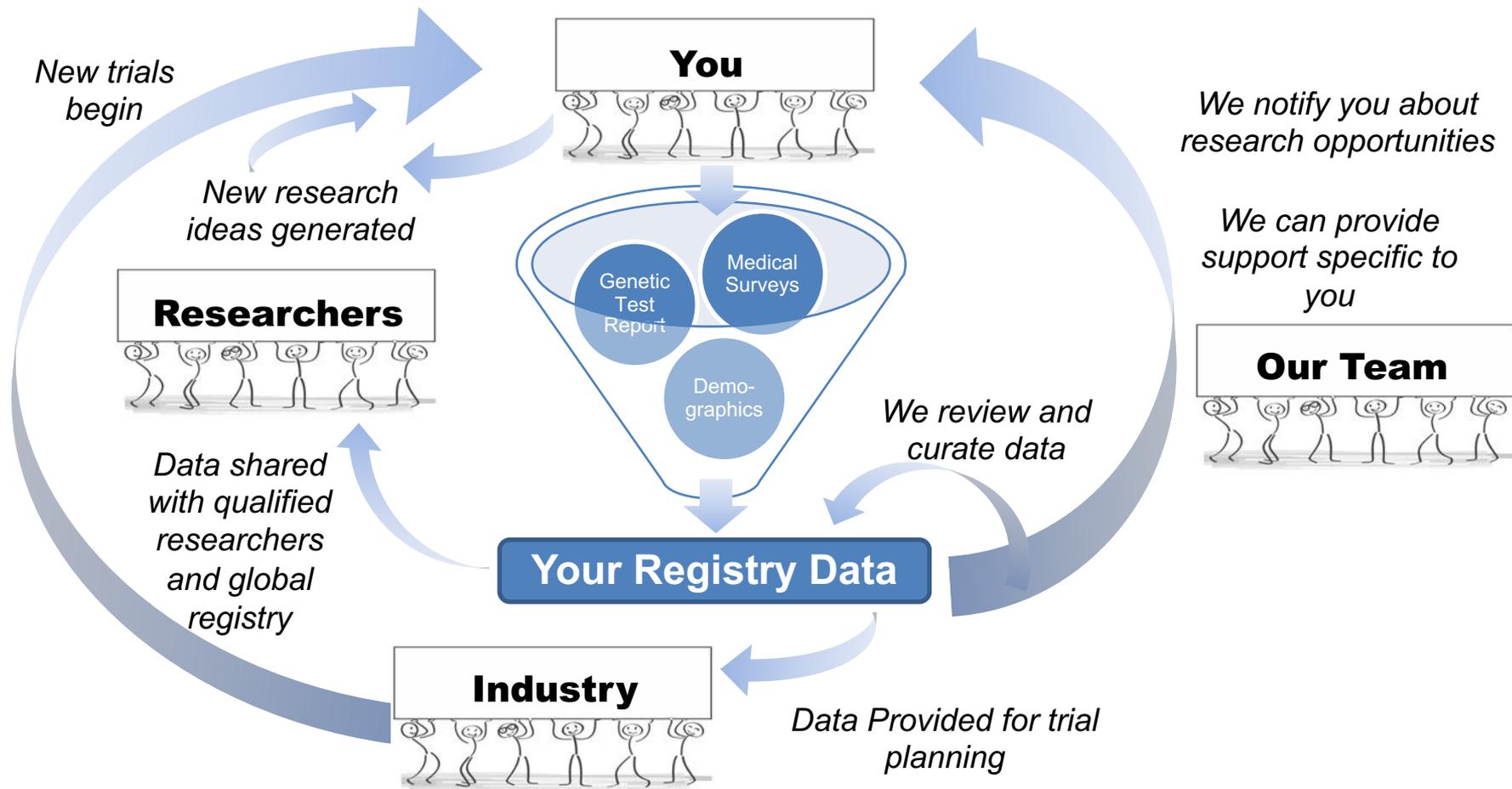
[Join Study](#)

[Sign in](#)





# The Duchenne Registry: Working Together to Advance Research



# Your Data at Work

Your de-identified data is shared with:

- TREAT-NMD Global Duchenne Registry
- Duchenne Regulatory Science Consortium





**Your Data Makes a Difference  
Register Today!  
[www.duchenneregistry.org](http://www.duchenneregistry.org)**

# You Could Win an iPad!



# Research > Clinical Trials

[About PPMD](#)

[Events](#)

[News](#)

[Login](#)



**Parent  
Project  
Muscular  
Dystrophy**

[ABOUT DUCHENNE](#)

[CARE](#)

[ADVOCACY](#)

**RESEARCH**

[GET INVOLVED](#)

[Duchenne Registry](#)

[Donate](#)

## Current Research

[Our Strategy & Impact](#)

[Therapeutic Approaches](#)

[Drug Development Pipeline](#)

## The Duchenne Registry

## Clinical Trials

[Understanding Clinical Trials](#)

[Considering a Clinical Trial](#)

[Explore Clinical Trials](#)

[Trial Finder Tool](#)

## For Researchers & Industry

[Recruit for Research](#)

[Research Grant Opportunities](#)

[Drug Development Roundtable](#)

[Resources](#)

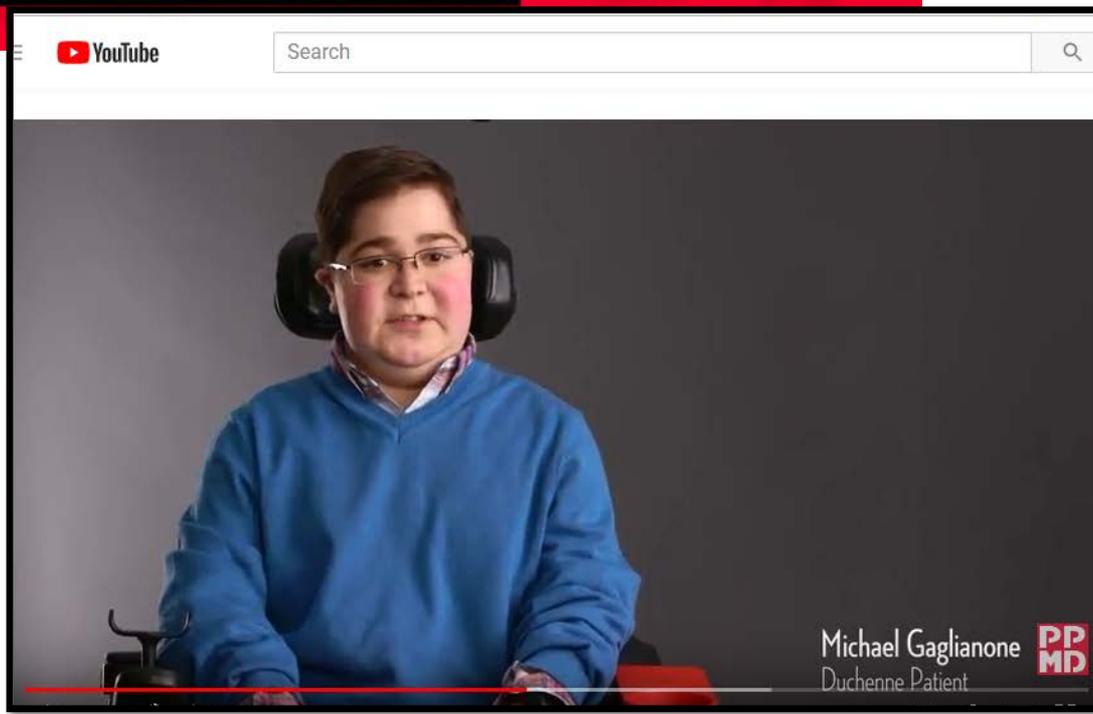
**JOIN THE FIGHT.**

**END DUCHENNE.**

[Join the Fight](#)

UNDERSTANDING CLINICAL TRIALS

# CLINICAL TRIAL VIDEO LIBRARY



CLINICAL TRIALS

# CONSIDERING A CLINICAL TRIAL



**MAKING THE RIGHT CHOICE ABOUT CLINICAL TRIALS**  
A Guide for Adults with Duchenne and Becker Muscular Dystrophy

# EXPLORE CLINICAL TRIALS



ABOUT DUCHENNE

CARE

ADVOCACY

RESEARCH

GET INVOLVED

Duchenne Registry

Preclinical

**Enrolling**

Ongoing

Female Carriers

The following trials are currently actively recruiting. Click any title to go to the study's FAQ page (when available).

Search:

Study	Therapeutic Approach	Industry/ Institution	Age (years)	Ambulation Status	Mutation Specific	Steroid Use	Location
<a href="#">Assessment of Cardiopulmonary Function</a>	Observational	University of Florida	5-15	Either	No	No	United States
<a href="#">Ataluren</a>	Stop Codon Readthrough	PTC	5+	Ambulatory	Yes - Nonsense mutation	Currently using	United States + Other
<a href="#">Cardiac MRI Biomarkers</a>	Observational	NIH	7-21	Either	No	No specific requirement	United States

**Thank you!**

**Please visit us at the Registry table!**

**[coordinator@duchenneregistry.org](mailto:coordinator@duchenneregistry.org)**

**888-520-8675**