

Gastroenterology Recommendations

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Parent **JOIN THE FIGHT.**
Project **END DUCHENNE.**
Muscular
Dystrophy

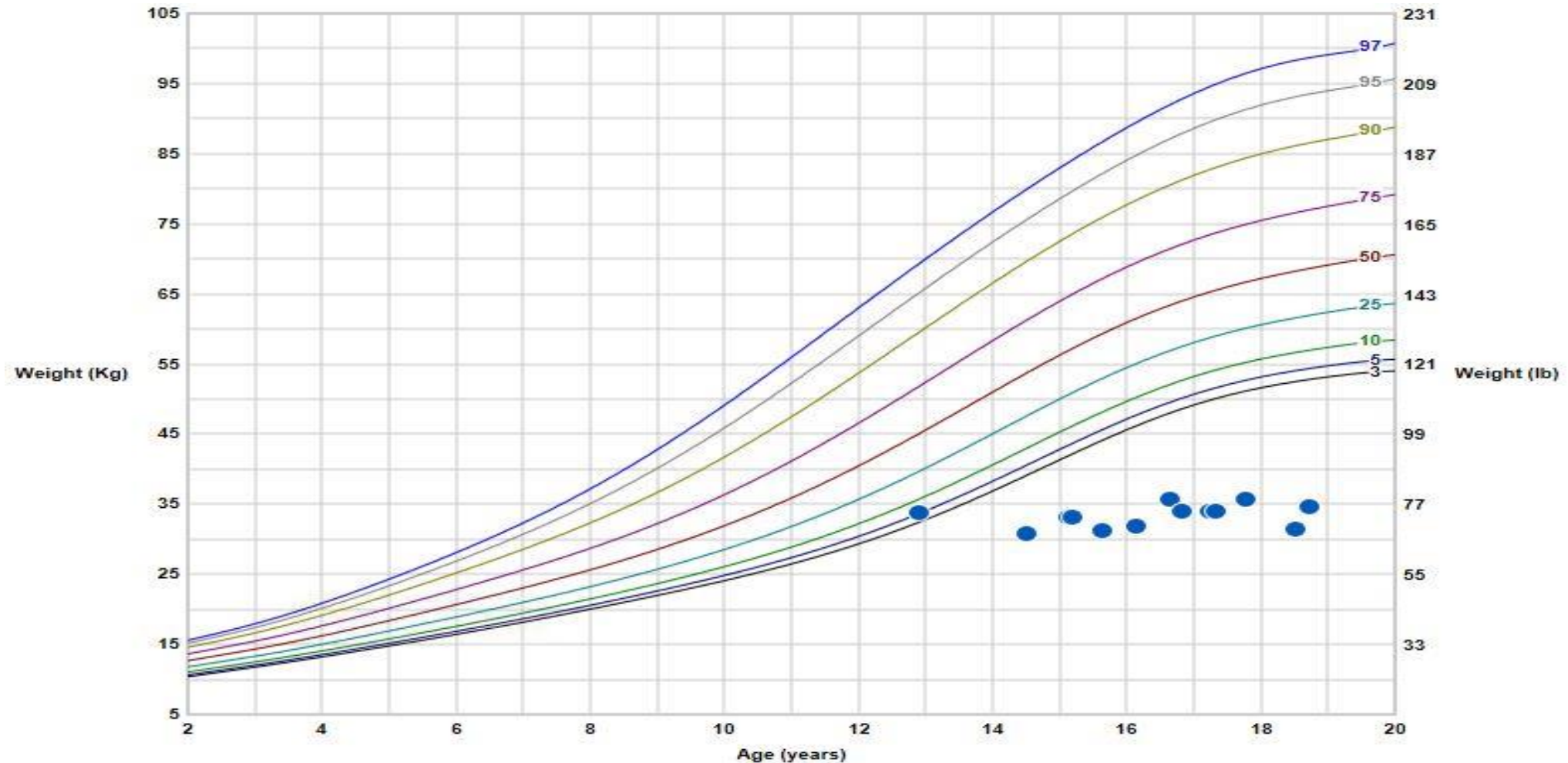
Current GI Recommendations

- Experts from a wide range of disciplines
 - U.S. Centers for Disease Control and Prevention (CDC)
 - TREAT-NMD
 - Patient Advocacy Organizations
- Schedule for Screening GI issues
 - 6 months
 - Annual

Recommendations (6 Months)

- Weight and height
- Meet with Registered Dietician

Growth Chart Teen/Adult



Recommendations (6 Months)

- Screen for Swallowing/Dysphagia
- Screen for Reflux
- Screen for Gastroparesis / Stomach Issues
- Screen for Constipation

Recommendations (Annual)

- Vitamin D levels
- Dietary intake of Calcium

Importance of GI Screen

- Identify those at nutritional risk
 - Obesity
 - Malnutrition
- Prevent infection
 - Aspiration
 - Poor immune system from malnutrition
- Maintain function
 - Prevent loss of muscle function (cardiac, respiratory)
 - Malnutrition causes muscle loss